



## **PSSE: Parenting Style Sex Education, on Understanding Sexual Violence What Parents Do Towards Children in Tiktok**

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### **ABSTRACT**

Child sexual abuse is the involvement of children in all forms of sexual activity that occurs before the child reaches the age limit set by state law and is carried out by adults or older people for sexual pleasure. Based on data from the Online Information System for the Protection of Women and Children in 2023, the highest number of cases of violence based on the place of occurrence occurred in the household sphere, which amounted to 15,450 cases with the most experienced type of violence being sexual violence at 11,191 cases. The purpose of this study is to provide information and education about "Sexual Violence According to the Aspects of Parents" so that people, especially parents, can find out about sexual violence and will not do this to their children. The method used is the literature review method by collecting various articles that have discussed sexual violence according to the views of parents and quantitative methods in calculating research results. The results of the study obtained that our educational video aired for a week received a total audience of 1,171 views with 24 likes, 1 comment, 8 shares and 6 accounts saved the video. 52% of the video viewers were female and 56% were in the age range of 25-34 years. With the results of the audience mentioned above, which is mostly adults, it is hoped that it can increase their insight and empathy to be more concerned about preventing sexual violence against children.

### **KEYWORDS**

Sexual abuse, Parents, Children

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## INTRODUCTION

Cases of sexual violence against children in Indonesia are not a new phenomenon. Children should receive protection from parents, family, society and the state. Children must receive special protection to ensure that children grow and develop well and are protected from the risk of crime in accordance with the Child Protection Law No. 35 of 2014. Cases of sexual violence against children are often carried out by people closest to them such as family, parents, friends and teachers who should be a substitute for parents at school (Joni & Surjaningrum, 2020).

Based on data from the Online Information System for the Protection of Women and Children in 2023, there have been 25,342 cases of violence with 5,2261 male victims and 22,293 female victims. The highest age of victims was 13-17 years old with a total of 9,591 cases. The highest number of cases of violence based on the location of the incident occurred in the household sphere, namely 15,450 cases, with the most common type of violence experienced, namely sexual violence, amounting to 11,191 cases. Based on this data, many cases of sexual violence occur from the family environment, including parents (Online Information System for the Protection of Women and Children, 2023).

Sexual violence against children is the involvement of children in all forms of sexual activity that occurs before the child reaches the age limit determined by state law and is carried out by adults or older people for sexual pleasure. Sexual violence against children is carried out by asking children to carry out inappropriate sexual activities, including non-contact sexual interactions with children carried out by adults (Solehatiet al., 2022).

Forms of sexual violence can be divided into two forms, namely physical contact and non-physical contact. Physical contact can take the form of sexual harassment or sexual abuse of a child's body, where the child is asked to hold or touch parts of the perpetrator's body to commit rape. Forms of non-physical contact sexual violence, namely showing genitals to children, showing sexually explicit images or videos, taking photos or videos of children without clothes, using terms that contain sexual elements or pornographic elements, and buying and selling photos and videos that contain elements of child pornography (Joni & Surjaningrum, 2020).

Factors that cause sexual violence in children include low levels of education, economic factors, environmental and housing factors, alcohol factors, technological factors, emotional factors, social factors, lack of faith in God Almighty, prioritizing momentary desires, and unpreparedness to become parents. where this can be in the form of not being ready to care for, not being ready to educate and accompany the child at home which will later result in easy stress and emotions and then doing inappropriate things which are taken out on the child (Solehatiet al., 2022).

Sexual violence can affect the growth and development of children who are victims of sexual violence. Apart from physical problems such as unwanted pregnancies, sexually transmitted infections, and reproductive disorders, they also have an impact on children's psychology, such as self-image, emotional disorders, relationships with the social environment, changes in behavior, and even deep trauma in children. Apart from that, the impact on victims of sexual violence against children can be divided into three categories, namely physical impact, psychological impact and social impact. Physical impacts include physical injury, death, pregnancy, unsafe abortion, and sexually transmitted infections. Psychological impacts such as depression, shame and trauma due to experiencing violence, loss of self-confidence and self-esteem, self-harm, and suicidal thoughts and behavior. Social impacts include isolation and rejection from family and society (Joni & Surjaningrum, 2020).





Prevention of sexual violence can be done by parents at home and the role of parents in this case is very important. The role of parents in preventing sexual violence in children is as educators, parents need to understand how to prevent sexual violence and be able to provide information about what should be avoided to prevent sexual violence. As an incentive to grow self-confidence and courage in facing problems, such as what to do when a stranger disturbs you. As a role model, both in terms of religious values and norms in society and providing a good example in speaking. As supervisors, parents must properly monitor their children's interactions. As counselors, parents give consideration to children in making the best decisions (Ligina et al., 2018).

Based on the explanation above, the author wants to provide information and education regarding "Sexual Violence According to Parental Aspects" so that the public, especially parents, can know about sexual violence and will not do it to their children.

## **MATERIALS AND METHODS**

The method we use is the study literature method and quantitative methods for the results in the video, where this literature method is collected from several library reference sources as support for the research we carry out. Then the quantitative method applies to the results of uploaded TikTok videos which include total audience impressions, number of likes, number of comments, number of shares and number of people who saved the video.

In the video uploaded to the TikTok application, cases of sexual violence perpetrated by parents against children most often occur in the household. Where in making the video itself, in order to display a good appearance and be easy to understand, the video is packaged with animation and additional voice over so that the video can be conveyed well to listeners and viewers, where it is hoped that the information uploaded by the video can be received in a relevant way, which is what it is hoped that the audience will be able to do. Awareness, especially for parents who have children, so that they can gain additional insight into anti-sexual violence against children. Because this video also covers the causes of sexual violence against children and how to prevent it.

The process of uploading this educational video starts from November 27, 2023 to December 4, 2023 on the TikTok platform, where this educational video has a duration of 2 minutes 41 seconds.

## **RESULTS AND DISCUSSION**

Information and educational videos regarding "Sexual Violence According to Parents" were uploaded on the TikTok platform on November 27, 2023, within one week. The 02 minute 41 second video shows performance and viewership with the following results:

### **1. Video Performance**

Total Viewers	1171 views
Total likes	24 likes
Comment	1 comment





Share	8 share
Save	6 save

## 2. Viewer

**Tabel 1. Gender**

<b>Gender Percentage</b>	
Woman	52%
Man	42%
Other	6%

**Tabel 2. Age**

<b>Age</b>	<b>Percentage</b>
18-24 Years	44%
25-34 Years	56%

**Table 3. Countries**

<b>Country</b>	<b>Percentage</b>
Indonesia	99.6%
China	1%
United States of America	1%

**Table 4. City**

<b>City</b>	<b>Percentage</b>
Blitar	49.6%
Poor	23.1%





Kediri	21.4%
Surabaya	2.9%
Jakarta	1.3%

The reason for choosing to use TikTok social media as a medium for education in understanding sexual violence committed by parents against children is because currently this media has many users, is easy to use, is popular among millennials, and TikTok has a "share" feature which can optimize the distribution of content. As an innovation effort in terms of education, TikTok can be used as a learning medium and source of information that can help increase new knowledge by displaying useful educational videos. With interesting and educational video content, so that it can be accepted and understood by all TikTok users. So that the content in the video, which is about the impact of parental sexual violence on children and the role parents should give to children, can be conveyed and implemented well.

The theme of our activity is PSSE: Parenting Style Sex Education, which aims to provide education through TikTok social media to discuss the issue of sexual violence according to parents. The discussion includes the number of cases of sexual violence committed by parents to children where most occur in the household. Then regarding the causes of sexual violence committed by parents due to a lack of faith in God Almighty, prioritizing momentary desires, and unpreparedness to become parents. As for discussing the impact of sexual violence committed by parents on children due to forms of betrayal, sexual trauma, powerlessness, and stigmatization. Parents should have a protective role in sexual violence. Then where should these children take refuge, if they are the main source of the cause of sexual violence.

The obstacle in raising the theme of sexual violence by parents against children is that sexual violence is quite taboo to be disseminated on social media, especially sexual violence committed by parents. Then the obstacles obtained when making TikTok as a medium of delivery or education are targets that are not all parents, but this can be a provision for them prospective parents to know when our family or children will experience sexual violence from the family itself and for children, adolescents, or adults when experiencing sexual violence. Future solutions from the PSSE theme: Parenting Style Sex Education is a provision in the future for us to be able to find out about parental sexual violence committed by children because social media is eternal so it can be seen at any time.

## CONCLUSIONS

The cause of sexual violence against children is the excessive sexual desire of the perpetrator of sexual violence, and one of the main factors in the emergence of this sexual desire is pornography. Another cause of sexual violence against children is abnormal (abnormal) sexual desire. It is said that the greater the difference in physical strength, the easier it is to carry out coercive deceptions against the child, so that the perpetrator leaves his desires untouched by the child.

Apart from the government's role in overcoming sexual violence against children by providing stricter sanctions, the role of parents in overcoming sexual violence against children is also very important. The author advises parents to always look after their children and give them love so that they do not



receive less attention from other people. Parents who abandon them are vulnerable to sexual violence due to lack of parental protection.

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As an ordinary human being, the author realizes that this article is far from perfect due to the limited knowledge possessed by the author. Therefore, the author apologizes and accepts constructive criticism and suggestions for future improvements. Finally, I hope that the writing of this article can provide benefits for anyone who reads it.

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### **Conflict of Interest**

The authors declare no conflict of interest

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